



## *Intuitive treatment with energetic releases*

### **How do we begin?**

This is an hour where, in the first part, we clarify what's going on with you. From there, we determine what is most important for you at this time.

In addition to family constellations and energetic treatment, I include other aspects into this session.

A key part is the removal of foreign energies, external soul fragments, entities, programming, manipulations, and other attachments.

We work with:

- ☸ Releasing foreign energies and entities ☸
- ☸ Aspects from the family system ☸
- ☸ Healing of the inner child ☸
- ☸ Energetic healing ☸
- ☸ Visualization ☸

I was trained in Switzerland as a coach for systemic family constellations and also integrate aspects from your family or environment. Through years of working on myself and later with others, I've developed a strong intuition and can recognize psychological connections of issues. Additionally, I have an innate ability to look within and perceive what has led to an imbalance.

Everything we do is meant to bring you clarity and relief. The goal is for you to feel better, clearer, and lighter in everyday life, while becoming stronger and freer within.

### **Duration**

One hour.

### **How often are the sessions?**

This depends on each individual. Healing is a process, and you set the pace.

I also work online, which works wonderfully.